

# 10 Warning Signs of Alzheimer's disease

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**KNOW** the  
**10 SIGNS**

EARLY DETECTION MATTERS

- 1 Memory loss that disrupts daily life**
- 2 Challenges in planning or solving problems**
- 3 Difficulty completing familiar tasks**
- 4 Confusion with time or place**
- 5 Trouble understanding visual images and spatial relationships**
- 6 New problems with words in speaking or writing**
- 7 Misplacing things and losing the ability to retrace steps**
- 8 Decreased or poor judgment**
- 9 Withdrawal from work or social activities**
- 10 Changes in mood and personality**

**If you or anyone you know experiences any of these warning signs, please see a doctor.**

**For more information, call 800.272.3900 or visit [alz.org/10signs](http://alz.org/10signs).**

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THE BRAINS BEHIND SAVING YOURS.®