

DR. THERESA DANIEL DALLAS COUNTY COMMISSIONER DISTRICT 1 NEWSLETTER

MAY 2017



May is Mental Health Month

Besides having very famous careers, what did Abraham Lincoln, Virginia Woolf, Winston Churchill, and Vivian Leigh all have in common? They all struggled and lived with mental health challenges. Mental illness is as prevalent as any other life-changing health condition such as diabetes or high blood pressure. Most of us know someone or have heard of someone who has been affected by depression, post-traumatic stress disorder (PTSD), bi-polar disorder or anxiety, etc. Yet, there is still a stigma that is often attached to mental illness or to those who seek help.



Because of this stigma, many people are hesitant to talk about mental health or to seek the help they need. This is why the month of May, among other things, is Mental Health Month—a time of raising awareness and encouraging one another to seek help when necessary. Since 1949, Mental Health America and its affiliates across the country have led the observance of May as Mental Health Month by reaching millions of people through the media, local events, and screenings. Please join us in recognizing May as Mental Health Month by becoming more aware of mental illness, its challenges, and available resources.

For Mental Health Crisis Services call 1-866-260-8000. There is an after-hours walk-in crisis clinic in South Dallas: Southern Area Behavioral Healthcare, 4333 Gannon Lane, Suite 101, Dallas, TX 75237 Hours: M-F 4 p.m. to 10 p.m. and Sundays 2 p.m. to 7 p.m., Phone: 972-283-9090 (no appointment necessary). Visit the Mental Health America website for more information: mentalhealthamerica.net/may

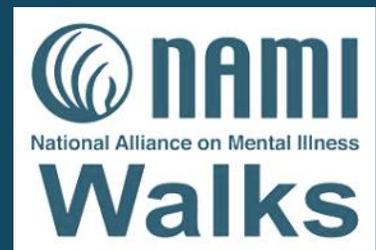
LET'S WALK FOR MENTAL HEALTH!

As NAMIWalks celebrates its 15th anniversary, we invite you to take part in NAMI's largest and most successful mental health awareness and fundraising event in the country.

When you walk with NAMI, you join the movement to raise awareness of mental illness and raise funds for our mission to help individuals and families right here in our region.

Register today and join us as we improve lives and our communities one step at a time.

Join our team "D1, DONLY Dallas County." Call our office for more information 214-653-6668.



When: Saturday, May 13, 2017
Check in: 8:30 am **Start time:** 10:00 am
Distance: 5k
Location: Dr. Pepper Ballpark, Frisco
Contact: NAMI Dallas
2812 Swiss Ave
Dallas, TX 75204
John Dornheim, Walk Manager
john@namidallas.org
214 341-7133

Radioactive Nuclear Waste Transportation Concerns Dallas County Commissioners

On April 4, 2017 Dallas County Commissioner Theresa Daniel championed a resolution against transporting high-level nuclear waste through our dense, urban areas. "The public health of Dallas County residents must be protected. Just because the railroad goes through the county does not mean that the population of a large urban area should be put in peril," Commissioner Theresa Daniel said.

The resolution passed unanimously. Tom "Smitty" Smith of Public Citizen, Former State Representative Lon Burnam and Jan Sanders with the Sierra Club spoke at this meeting and many others came out in support.

Waste Control Specialists (WCS) had an application

pending to store tons of used fuel from nuclear power plants in Andrews County, Texas and that waste could potentially pass through the Dallas area either by train or by truck.



This pressure from local governments and activists has caused WCS to ask the Nuclear Regulatory Commission to temporarily suspend review of their license application for high-level radioactive waste storage in Andrews County.

Save the Dates

2017 District 1 Town Hall Meetings

Meet with Commissioner Daniel and staff to learn about Dallas County government, important issues, and District 1 events and plans!

Wednesday, June 7th

Richland College, Main Campus
12800 Abrams Rd.,
Room SH117, Dallas, TX 75243
6:00 p.m.-7:30 p.m.

Wednesday, June 14th

Eastfield College Pleasant Grove
802 S. Buckner Blvd, Dallas, TX 75217
6:00 p.m.-7:30 p.m.

Saturday, June 17th

Dallas County Commissioners Court
411 Elm St. Dallas, TX 75202
10:00 a.m.-11:30 a.m.

UPDATE: Dallas County-City partnership to end and prevent homelessness

As previously reported, a county-wide partnership is being created to address homelessness in the region. The Dallas County Commissioners Court had previously approved the formation of the partnership on February 21, 2017

The Dallas City Council voted on April 12, 2017, and approved the formation of a regional partnership with an 11-member board that would include elected county and city officials and representatives from The Real Estate Council, the North Texas Behavioral Health Authority, the U.S. Department of Veterans Affairs, Parkland Health and Hospital System and the Apartment Association of Greater Dallas.

After much debate, it was also decided to separate the citizen advisory committee structure. The matter will be voted upon again in May by the Dallas County Commissioners Court to consider the changes.

Metro Dallas Homeless Alliance: State of the Homeless Address

On Thursday, March 8, 2017 MDHA board member, Dallas County Commissioner, Dr. Theresa Daniel, and Chair of the MDHA board, Executive Director of the Turtle Creek Recovery Center, John Castaneda opened the annual State of the Homeless Address.

About 350 people joined Metro Dallas Homeless Alliance at Goodwill Industries of Dallas, as Cindy J. Crain, MDHA President and CEO, shared the results of the 2017 Point-in-Time Homeless Count, and the progress of the Homeless Response System.

Watch the video here: youtu.be/8JYhxfxHYOs