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February 2023 Newsletter

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February Is National Heart Health Awareness Month



February is National Heart Health Awareness Month. Often considered to be a condition for older generations, heart disease and other associated illnesses are on the rise across all age groups. That is why Heart Month is so important to us all. It is a fantastic opportunity to find out more about the warning signs and symptoms as well as the things that we can do in our everyday lives to mitigate the risk to our hearts. People of all ages are affected by obesity, alcohol, smoking and high blood pressure. However, these are all things that we can do something about. Be proactive in changing habits to prevent heart diseases and have healthy, long-lasting and loving hearts for you and your loved ones.

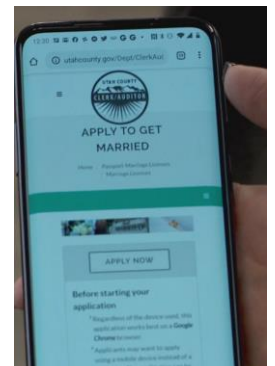
R&B 4 Works Hard To Keep Us Safe During Winter Storm

I want to give special thanks and recognition to my Road & Bridge crew for going above and beyond the call of duty and sanding many of County building's driveways during the winter storm we just endured. Their hard work and dedication ensured that those who needed to drive to some of our County buildings were able to do so safely. My hat's off to them for a job well done!



Dallas County Soon To Offer Marriage Licenses Online

Tying the knot? Dallas County will soon accept marriage applications online. We approved a contract for \$32,000 for software to allow remote marriage applications. Those looking to marry can submit applications at any time and attend an appointment with the County Clerk's Office virtually on any device. Applicants will be asked several questions, be required to upload supporting documents such as form of identification, schedule a follow-up appointment and enter payment options, all online. With the exception of military applicants, both parties have to be on camera together with their proof of identification for the appointment. Applicants will have to pay an additional \$10 convenience fee for online applications, making the total cost \$92 to submit an application.



Subscribe to our newsletter



Dallas County Offers Free Medical Trips for Seniors



FREE MEDICAL TRIPS FOR OLDER ADULTS!

Are you 60+ and a Dallas County resident? Dallas County is Providing Free and Accessible Transportation Assistance for Medical- Related Trips



Fare-free transportation made possible by Dallas County using the AARP Ride@50+SM Program



Call to verify eligibility & book rides: (833) 471-3440*



*Use code "DallasRides4OlderAdults" when booking



Hours of Operation: Mon - Sat 7:30 AM CT- 5:00 PM CT

Visit: <https://www.dallascounty.org/departments/dchhs/older-adult-services-program.php>



National Recognition For Parkland Hospital's Maternity Care Team



Parkland was recognized by the U.S. News & World Report as a top North Texas hospital for maternity care in 2022. The report surveyed 650 hospitals across the country to determine the top hospital. Factors like C-section rates in

lower-risk pregnancies, newborn complication rates, breast milk feeding, and early elective delivery rates all impact recognition. Hospitals were also recognized for their recorded data about outcomes based on race and ethnicity. "Parkland hospital delivers 12,000 babies a year, one of the highest rates in the country, and many of its patients are uninsured. Despite the obstacles, 97% of patients who deliver at Parkland receive prenatal care," according to Marjorie Quint-Bouزيد, Parkland's senior vice president for Women and Infant's Specialty Health.

Congratulations Parkland Maternity Care Staff!!!!

University of St. Augustine for Health Sciences (USAHS) Dallas Campus

As we all know, we are currently facing a shortage of healthcare professionals in our country. It is for that reason that I am excited to share with you that the University of St. Augustine for Health Sciences (USAHS) has opened a new campus in Dallas County, located in the Riverside Commons complex in Irving. Founded in 1979, USAHS is a private, accredited, graduate-level university that is committed solely to health and rehabilitative sciences through innovative classroom and clinical education.



- Certified B Corp Institution focused on high demand health sciences disciplines
- Addresses high shortages of OT, PT and SLP practitioners
- Promotes student achievement, advance scientific research and provide public benefit to local communities.
- Pro bono telehealth clinics that treat a range of patients including those living remotely or lack insurance, providing treatment free of charge
- 98% Graduation Rate
- 96% On-Time Completion Rate
- 96% Employment Rate
- 0.9% Cohort Default Rate

February Is Black History Month



February is Black History Month. This year's theme is "Black Resistance." Let us celebrate the achievements of African Americans, pay tribute to those that struggled through adversity and recognize their important role in U. S. history.

Weekly Closures for Tax Office Branches

**CLOSED DUE TO STAFF SHORTAGES
THANK YOU FOR YOUR PATIENCE**

The Tax Office locations below are closed to the public on the following days:

Tuesdays: Downtown Branch, Garland Branch and South Dallas Branch

Wednesdays: North Dallas Branch and Oak Cliff Branch

Thursdays: Grand Prairie Branch and Mesquite Branch