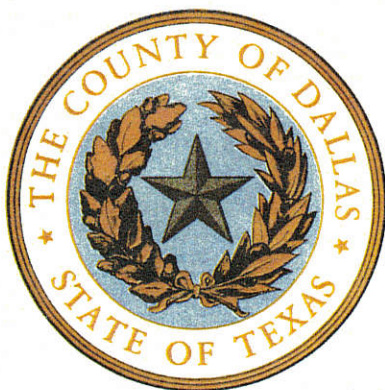


# Resolution



ORDER NO: 2018-0106

DATE: February 6, 2018

STATE OF TEXAS §


COUNTY OF DALLAS §

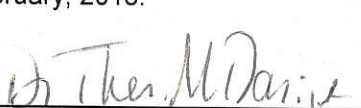
**BE IT REMEMBERED**, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 6<sup>th</sup> day of February, 2018, on a motion made by Dr. Theresa M. Daniel, Commissioner of District 1, and seconded by John Wiley Price, Commissioner of District 3, the following Resolution was adopted:

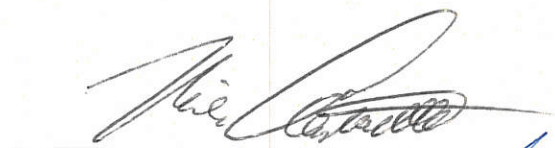
- WHEREAS**, Each year we observe the month of February as American Heart Month, with the knowledge that according to the Center for Disease Control and Prevention (CDC), heart disease is the leading cause of death for men and women in the United States; and
- WHEREAS**, As many as 80 million adults in the U.S. - one in three – have hypertension or high blood pressure, a condition that can lead to cardiac disease, stroke and death and may also play a key role in kidney disease, cognitive function and dementia. African Americans and Hispanics are at greater risk than whites. On average, 60% of African Americans are likely to develop heart failure while heart disease is the second leading cause of death for 2 out of 5 Hispanics; and
- WHEREAS**, Smoking is highly connected to a number of health problems, including heart disease. Therefore, Smoking Cessation Clinics, offered at Parkland Health & Hospital System's Outpatient Center and several Parkland Community Oriented Primary Care (COPC) health centers, provide resources, counseling and medication to help patients stop their use of tobacco products; and
- WHEREAS**, The providers at Parkland urge everyone to "know their numbers," including their total cholesterol, glucose, body mass index (BMI) and blood pressure numbers to help reduce their risk of developing heart disease. Lifestyle changes that are important for reducing the risk of heart disease include smoking cessation; using alcohol in moderation; eating a heart-healthy diet that is low in cholesterol, sugar, salt and saturated and trans fats; managing blood pressure; exercising; and reducing stress; and
- WHEREAS**, Parkland is among the first in the U.S. and the only center in Texas, to have implemented the newly-approved high sensitivity version of the test (Trop T-hs) helping to speed diagnosis of heart attack. Parkland launched the new test on December 6, 2017, following months of evaluation for quality, safety and intensive staff training. More than 5 million patients visit U.S. hospitals each year complaining of chest pain, but 10 percent of them are actually experience a heart attack. The Trop T-hs allows clinicians to rule out heart attack diagnosis much faster and allows for better utilization and stewardship of resources in busy emergency departments like Parkland's; and
- WHEREAS**, In 2016 and 2017, Parkland received the Get With The Guidelines – Heart Failure Gold Plus Quality Achievement Award for implementing specific quality improvement measures outlined by the American Heart Association (AHA)/American College of Cardiology Foundation's secondary prevention guidelines for patients with heart failure. This is the American Heart Association's highest quality achievement award; and
- WHEREAS**, To learn more about heart disease and its prevention and treatment, Parkland is hosting a free public heart health fair on Friday, February 9, from 11 a.m. – 2 p.m. in the hospital cafeteria at 5200 Harry Hines Blvd., Dallas, 75235.


**NOW, THEREFORE, BE IT RESOLVED** that the Dallas County Commissioners Court with its focus on public health does hereby recognize Heart Health Month, February 2018. We wish Dallas County residents good heart health and prosperity in 2018.

**DONE IN OPEN COURT**, this the 6<sup>th</sup> day of February, 2018.

  
Clay Lewis Jenkins  
County Judge

  
Dr. Theresa M. Daniel  
Commissioner, District 1

  
Mike Cantrell  
Commissioner, District 2

  
John Wiley Price  
Commissioner, District 3

  
Dr. Elba Garcia  
Commissioner, District 4