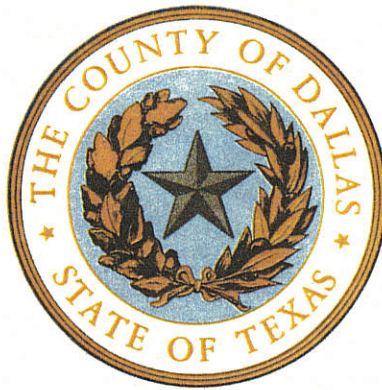


Resolution



ORDER NO. 2018-1282

DATE: November 6, 2018

STATE OF TEXAS §

COUNTY OF DALLAS §

BE IT REMEMBERED, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 6th day of November, 2018 on a motion made by Dr. Theresa M. Daniel, Commissioner District #1, and seconded by Dr. Elba Garcia, Commissioner District #4, the following Resolution was adopted:

WHEREAS, Dallas Commissioners Court wishes to recognize November as National Diabetes Month, a time when individuals, health care professionals, organizations, and communities across the country can bring attention to diabetes and its impact on millions of Americans; and

WHEREAS, Diabetes is a very serious but common disease among both adults and children. According to statistics 30.3 million individuals have been diagnosed with diabetes and 1.5 million Americans being newly diagnosed every year. This includes 193,000 children and adolescents younger than age 20. The percentage of Americans age 65 and older remains high, at 25.2%, or 12 million seniors (diagnosed and undiagnosed); and

WHEREAS, More than 84 million US adults have prediabetes. Prediabetes is a serious health condition where blood sugar levels are higher than normal, but not high enough yet to be diagnosed as type 2 diabetes. Without intervention, 15 to 30 percent with prediabetes will develop Type 2 diabetes over the following five years; and

WHEREAS, Statistics show that in the last 20 years, the number of adults diagnosed with diabetes has more than tripled as the US population has aged and become more overweight. Diabetes-related complications include a long list of serious health problems such as heart attack, stroke, kidney failure, and amputations of legs and feet. Diabetes remains the seventh leading cause of death in the United States, with 79,535 death certificates listing it as the underlying cause of death, and a total of 252,806 death certificates listing diabetes as a contributing cause of death; and

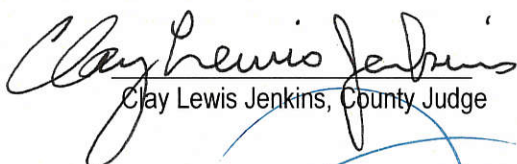
WHEREAS, Individuals with diabetes can better manage their condition and improve their health through following preventive care practices. These practices include receiving annual foot and eye exams, attending diabetes self-management classes, and properly managing blood glucose, blood pressure and cholesterol levels. Eating healthy, exercise and healthy behaviors such as not smoking also can help lower the risk of diabetes complications; and

WHEREAS, According to a study done by Dallas Fort Worth Hospital Council Research Foundation on the environmental factors that could influence the control of diabetes in Dallas County, four zip codes were identified for the highest prevalence of diabetic patients, 75217, 75227, 75149, and 75150. This research revealed that the zip codes with the highest prevalence of diabetes had a very low income, an unemployment rate of between 6.3 and 9.8, few supermarkets, few hospitals and clustered medical clinics. However, there were many convenience stores and fast food restaurants. The limited availability of resources can greatly influence the health behaviors of those living in the community; and

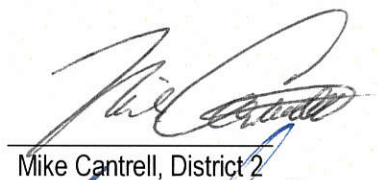
WHEREAS, So many are effected by the daily struggles of diabetes but living a full, long, and healthy life is possible through awareness, preventative care, exercise, healthy behaviors, and good medical care. With the right support and understanding, Diabetes can be managed effectively. It's a daily challenge, but it's worth it.

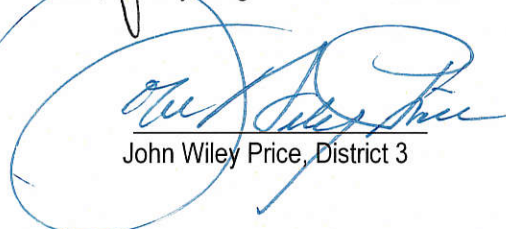
NOW, THEREFORE, BE IT RESOLVED that the Dallas County Commissioners Court does hereby recognize November as **National Diabetes Month**. Let's support the effort to Stop Diabetes!

DONE IN OPEN COURT this the 6th day of November, 2018.


Clay Lewis Jenkins, County Judge


Dr. Theresa M. Daniel, District 1


Mike Cantrell, District 2


John Wiley Price, District 3


Dr. Elba Garcia, District 4